

Scientific Discovery for the Classroom

# Classroom-based Exploring Precision Medicine



**Student Science Notes** 

**AMGEN**<sup>°</sup> Foundation

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# Science Note 1.1 WHAT CONTROLS TRAITS?

What are traits? What determines our traits? In this activity, you'll think about the factors that control our traits and discuss your ideas with your teammates.

## QUESTIONS

1. Write a working definition of the term *trait*:

You will revise this definition throughout the module.

2. Read through the following list of traits:

Eye color	Height	Scar on abdomen
Hair length	Foot size	Enjoyment of hip hop music
Skin color	Religiosity	Ability to ride a bicycle
Affinity for cats	Ability to speak Spanish and Arabic	Hair color

3. Use the table below to sort these traits into categories based on how you believe they are controlled: by genetics only, by the environment only, or by both genetics and the environment.

Controlled by genetics only	Controlled by the environment only	Controlled by both

4. Read over the traits in all three columns. Write a rule (or group of rules) for determining what influences a trait.

- 5. Can you think of traits people might have that are related to their health?
  - a. Make a list of these traits in the first column, below.
  - b. Decide whether each trait is controlled by genetics only, by the environment only, or by both, and put a check in the appropriate column.
  - c. Be prepared to discuss how you decided which column to check off for each trait.

Trait related to health	Controlled by genetics only	Controlled by the environment only	Controlled by both

#### **HEALTH-RELATED TRAITS**

# Science Note 1.2

The fact that no two medical patients are alike makes the practice of medicine challenging. People's unique bodies mean that each surgery is different, and the dosing of medication is dependent on an individual's genetic makeup and lifestyle. When caring for a patient, a medical professional must quickly identify any problems, determine an appropriate treatment or combination of treatments, properly administer medication or therapy, continually monitor the patient's progress, and adjust the course of treatment accordingly—and each step must take the patient's medical history into account and also respect their individual wishes.

A crucial aspect of providing treatment is providing the right medication in the right dosage, but this is not as simple as it might seem. Patients can have vastly different responses to the same medication; gender, body size, metabolism, allergies, and genetics are just a few of the many factors that can change a patient's response to a particular treatment. Some people may need larger or more frequent doses, and other patients might require medication far less frequently and in smaller amounts. The enormous variety of medications currently on the market complicates matters still more. Sometimes even very subtle differences between multiple forms of a single drug can determine whether a patient will respond better to one version versus another.

In this activity, you'll read about a patient who isn't reacting as expected to a medication, and you'll consider how you might respond to this situation if you were a doctor.

#### **Pain After Surgery**

Sarah Smith is in the hospital for a minor outpatient surgical procedure. Dr. Washington performs the operation quickly and easily and is able to neatly close the incision. As the wound heals, the stitches will fall out, so Dr. Washington does not anticipate a need for a follow-up appointment. Sarah is discharged with instructions to keep the incision site clean, and she is given a prescription for a 7-day supply of the pain medication hydrocodone,

Hydrocodone is also known by the brand names Vicodin, Lortab, Paracetamol, among others.

if she needs it. After 72 hours, however, Sarah calls Dr. Washington to complain that her pain relievers don't seem to be working as well. She describes her pain as an 8 on a scale of 1 to 10 (10 being the worst). The doctor asks if she has taken her hydrocodone, and Sarah says that she has taken it every few hours but it isn't helping. She says she is exhausted after going several nights without sleep and asks if Dr. Washington can recommend a different, stronger medication that might help.

Dr. Washington knows that pain could indicate that there have been complications from the surgery. She schedules a follow-up appointment with Sarah for that afternoon. After a thorough examination, Dr. Washington determines that the pain is not being caused by complications from the procedure. Sarah, however, insists that she has pain at the incision site as well as general discomfort in her muscles and joints. She appears quite distressed; her face is pale and sweaty, and she vomits into the exam room wastebasket partway through the appointment.

#### An Ethical Dilemma

Dr. Washington is now faced with a dilemma. Some degree of discomfort is to be expected following surgery, though Sarah's level of pain is unusual given the minor nature of the procedure. Something seems to be complicating what should be an easy recovery. Dr. Washington genuinely wants to help Sarah, and relieving her patient's pain to the extent possible is an important aspect of providing medical care.

However, hydrocodone is an opioid: a powerful pain reliever that can have a range of unpleasant side effects, such as constipation and drowsiness. Dr. Washington also knows that it is very easy for patients to become addicted to opioids and that giving Sarah a higher dose or a stronger medication significantly increases her risk of dependency. Many patients who become addicted to an opiate prescribed by a physician often eventually begin using heroin, whose chemical structure is nearly identical to hydrocodone. Their city has been hit hard by the opioid overdose crisis, and Dr. Washington is concerned that Sarah may be attempting to obtain a prescription for more opioids, either for personal use or to sell after she leaves the hospital.

A few days after Sarah left the hospital, Dr. Washington attended a medical conference, where she discussed Sarah's case with a number of other physicians. The other doctors expressed concern about the growing crisis of opioid misuse and the difficulty of determining if a patient is in pain, if they are engaging in drug-seeking behavior, or both.

A complicating factor is that opioids, including hydrocodone, are commonly prescribed to treat pain, but they don't affect every person in the same way. Several doctors at the conference had noted differences in their patients' responses to these medications; some patients experienced almost instant relief from opioids, and others seemed to experience no pain relief at all. Some patients developed a powerful addiction to these medications, and others had been able to take the prescribed doses without any further issues. The physicians all agreed that balancing the risks of addiction with the need to make their patients more comfortable remains an ongoing ethical dilemma and that more research is needed.

# QUESTIONS

1. In Dr. Washington's position, what would you do? Why?

2. What questions do you think Dr. Washington should ask Sarah?

3. It seems that Sarah is in more pain than Dr. Washington expected. Do you think that you feel pain differently than other people? Do some people have lower pain thresholds than others? Why do you think that could be?

4. Historically, the vast majority of medical research has been conducted on patients who are wealthy, male, and Caucasian. Based on Sarah's experience in the case study, why do you think this might be problematic in terms of evaluating the effectiveness of a particular drug?

5. In what ways might the people on whom medical research is normally conducted be different from Sarah, and how might that affect what the doctor might know about Sarah and how she should be treated?

#### **FOR HOMEWORK**

Read the article "<u>Do We Have The Right Guinea Pigs?</u>" from *Politico Magazine* to learn more about how medications have traditionally been tested and why that approach may not be the best way.

#### Science Note 2.1

# **RATE THE BITTERNESS OF THESE FOODS**

Lots of things are controlled at least partially by your genes, including your eye color, your hair color, and your height. But what about things that you can't see, such as the way you react to pain medication or whether you are color-blind? How do your genes factor into these unseen traits?

And what about your sense of taste? You probably like some foods and dislike others. You may really love some things that taste bitter (such as coffee, olives, or bitter melon) or absolutely hate them. In this activity, you will explore your sense of taste and think about how your genes might influence this trait—starting with an inventory of how a variety of different foods taste to you.

### PROCEDURE

As your teacher shows each slide depicting a food, rate the bitterness of that food on a 1-to-5 scale, with 1 being "Very bitter" and 5 being "Not at all bitter." When rating each food, assume that it will be served raw and without condiments of any kind. After you've rated the bitterness of each food, decide which taste word you would use to describe it: salty, sweet, sour, bitter, or umami.

Food	Very bitter 1	Bitter 2	Neutral 3	Slightly bitter 4	Not at all bitter 5	How would you describe this taste—salty, sweet, sour, bitter, or umami?

# Science Note 2.2

In 1931 in a laboratory at DuPont chemical company, chemist Arthur Fox accidentally spilled a powdered chemical called phenylthiocarbamide (PTC). As the powder swirled in the air, a nearby scientist complained that the dust tasted bitter. However, Fox didn't taste anything. Fox was curious as to why he couldn't taste the PTC and his colleague could, so he began to run tests on others. Fox asked his friends and family members to taste the chemical and tell him how it tasted. He found that some people didn't taste it at all, some had a mild sensation of bitterness, and others found the taste unbearably bitter.

Today, scientists know that there is a connection between your genes and your ability to taste bitter foods. There are several versions of the gene responsible for bitter tasting ability. The variant you personally carry within your chromosome number 7 is your genotype. The trait that gene codes for, in this case your bitter-tasting ability, is your phenotype. While you won't know for certain which version of the gene you carry after completing this activity, you can easily determine your tasting phenotype by doing a simple taste test.

Can you taste PTC? Let's find out!

#### MATERIALS

- Control taste paper
- PTC taste paper
- 1 cup of water
- Waste container

#### PROCEDURE

- 1. Place a piece of control taste paper on your tongue. Remember the taste of it, so you can compare it to the PTC taste paper.
- 2. Remove the control paper from your mouth and dispose of it in the waste container. Rinse your mouth with water.
- 3. Place a PTC taste paper on your tongue. If you sense a bitter taste, then you are a PTC-taster (strong or weak).
  - o If the paper tastes just awful, you are a strong-taster.
  - o If you perceive only a slight bitter taste, you are a weak-taster.
  - o If it tastes like the control paper, you are a non-taster.
- 4. Remove the PTC taste paper from your mouth and dispose of it in the waste container. Rinse your mouth, if needed.
- 5. Record if you are a strong-taster, weak-taster, or non-taster in the table below.
- 6. Check with your teammates, and record their statuses in the table as well.

7. As your teacher calculates the class totals, record them in your table. Calculate the percentage of students with each phenotype.

Name	Strong-taster	Weak-taster	Non-Taster
Remainder of class (number)			
Total			
Percentage			

8. Make a bar chart showing the number of students with each phenotype below.



#### **OUR CLASS'S TASTER STATUS BAR CHART**

# Science Note 2.3 GENETICS REVIEW

Earlier you considered the connection between our genes and how we respond to medications. Do all medications work for each and every one of us in exactly the same way? The answer is no: A number of factors can influence how a patient responds to medications, just as a number of factors also play into whether a person enjoys bitter foods.

To better meet people's individual needs, scientists are exploring the idea of precision medicine—an approach to the prevention and treatment of disease that takes into account variability in genes, environment, and lifestyle. Scientists have recognized that different medicines affect different people in different ways, based in part on their genetics.

#### **MATERIALS**

• Computer, Chromebook, or tablet with internet access

#### REVIEW

Let's review some important genetics concepts:

- 1. Watch <u>What Is a Gene?</u> from Stated Clearly, and then answer the following questions:
  - o What is a gene?

o What is the relationship between genes and traits?

- 2. Read the article "<u>Mamas, Don't Let Your Babies Grow Up to Be Broccoli-Haters</u>" by Lisa Bramen, Smithsonian.com, May 7, 2010, then answer these questions, briefly.
  - o How might a mother's diet impact the flavors her baby is exposed to?

o What role, if any, do you think environment plays in a person's food preferences?

- 3. Watch the video <u>PCR (Polymerase Chain Reaction)</u> from the Science Learning Hub and/or read about PCR in the article "<u>Explainer: How PCR Works</u>" from *Science News for Students*. Answer the following questions:
  - o What is in the solution of a PCR reaction?

o Why does the temperature increase to above 90°C?

o What happens during the annealing phase?

o What happens during the extension phase?

o What does a primer do?

o In your own words, explain how you end up with copies of the target sequence of DNA when the initial copies go from a primer site to the end of a strand.

# Science Note 3.1 COPY THAT DNA! HANDS ON

You are going to model the process of PCR in this activity using pop beads—beads that pop together to form a chain. PCR amplifies (copies) fragments of DNA (or even the entire genome) so that there are millions of copies of the fragment, allowing scientists to take a very small sample of DNA and amplify it to be a large enough amount to study in detail.

PCR (and subsequent sequencing) is also used to diagnose inherited genetic diseases (such as Huntington's disease), to explore a patient's risk for developing a disease (such as certain types of cancer), and to help determine the best medications to use for that patient. Amplifying a small segment of DNA rather than the entire genome allows researchers and medical professionals to more easily examine and analyze it.

#### MATERIALS

- 1 bag black pop beads
- 1 bag red pop beads
- 1 bag blue pop beads
- 1 bag green pop beads

## **PROCEDURE**

Key to the Po	p Bead Colors
Black = Guanine (G)	Red = Thymine (T)
Blue = Cytosine (C)	Green = Adenine (A)

- 1. Create the strand of DNA shown on the next page of this science note using the key above. This will be your "template" DNA strand—the section of DNA that we are interested in analyzing.
- 2. Create the complementary strand of DNA and line up the two strands.

Your forward primer is:



3. Using pop beads, create six copies of your forward primer.

Your reverse primer is:

3' A A	C	С	Т	А	5′
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### **SCIENCE NOTE 3.1**

- 4. Using pop beads, create six copies of your reverse primer.
- 5. Using your primers, make the products of your first cycle of PCR. One forward primer should "bind" to one strand of the template DNA. The reverse primer should "bind" to the other strand of template DNA. Extend the two primers to the end of the strands.
- 6. Using the strands you just created and the original template DNA, make four new strands (the reverse primer should bind to a portion of the strand created when you used the forward primer and vice versa). You should now have six strands of DNA.
- 7. Complete one more cycle of PCR, and create eight new strands of DNA.

# QUESTIONS

- 1. How many strands of DNA did you end up with?
- 2. How many strands of the desired length did you end up with?
- 3. How many strands of the desired length will you have if you complete another cycle?

#### **TEMPLATE DNA**

5' C T G G A C T G A A T C A A G T G G A T C A A T T G C T T G G A T C C C G A 3'

3' G A C C T G A C T T A G T T C A C C T A G T T A A C G A A C C T A G G G C T 5'

# Science Note 3.2 MAPPING OUR GENES

Researchers have spent years deciphering the order and location of the nucleotides in the human genome. While the advent of DNA sequencing technology allows researchers to determine the precise order of nucleotides within a piece of DNA, scientists must use other methods to determine the role of specific genes. To work out the importance of a particular genetic region, scientists use a variety of methods, for example:

- **Comparing chromosomes between organisms.** Chromosomes have two arms: the longer "q" arm and the shorter "p" arm. If scientists observe that a malformation in one arm is associated with a particular trait, they can draw conclusions about the location of the gene for that trait.
- **Deliberately knocking out (removing) certain portions of the DNA molecule** in organisms such as mice or fruit flies and then observing the results.
- **Comparing the genomes of individuals with and without specific traits.** Scientists have deduced that genes that are close together are inherited together more frequently than genes that are far apart. They use this information to develop a complex algorithm to predict the distance between genes.

Your task is to map a number of fictitious genes onto a fictitious chromosome. Using "results" obtained through a variety of experiments and other research methods, you will determine exactly where each gene is located on the chromosome.

### PROCEDURE

1. Read through this list of fictitious genes, which you will map onto a chromosome.

#### **FICTITIOUS GENES**

Extremely smelly feet Sneezing when angry Purple nostril hair Fast-growing fingernails Sweaty eyelids

Allergy to exams Fear of carrots Abnormally deep belly button Obsession with astronomy Speaking in rhymes

 Examine the chromosome shown at right. Notice the different location and sizes of each band. For the purpose of this exercise, assume that each band contains a single gene and that the thickness of the band denotes the length of the gene. (In reality, the scale would be quite different!)



3. Read through the experimental results below, and use these results to determine the location of each gene.

#### **Experimental Results**

Below are the results of scientists' experiments on a group of 10 subjects.

After running all 10 sequences through gel electrophoresis, scientists found:

- The *allergy to exams* gene progressed the farthest through the gel.
- The *speaking in rhymes* gene progressed a much shorter distance than the *abnormally deep belly button* gene.

The inheritance computer algorithm found the following correlations:

- 99.9% of individuals who have sweaty eyelids also sneeze when they become angry.
- 0.0001% of individuals who are obsessed with astronomy also have purple nostril hair.

Knockout experiments on loci q2 and q3 resulted in:

- All test subjects' fingernails growing at normal speed
- All test subjects still having extremely smelly feet

Studying chromosomes with partially malformed Q arms showed:

- A chance of eliminating the tendency to sneeze uncontrollably when angry
- No chance of eliminating the tendency to speak in rhymes

Scientists have determined the following information about several genes' loci:

- The *purple nostril hair* gene is farther away from the center of the chromosome than the *allergy to exams* gene.
- The obsession with astronomy gene is located immediately next to a telomere.
- The *speaking in rhymes* gene is located immediately next to the centromere.

While studying the genome of the 10 subjects whose chromosomes are pictured at right, the scientists gathered several key pieces of information:

- Only subjects 2, 5, and 8 are terribly afraid of carrots.
- Only subjects 3, 6, 7, and 9 have abnormally deep belly buttons.
- All subjects have very sweaty eyelids.



4. Write each gene in the appropriate space in the chart below.

Location	Gene	
Telomere	Protects the chromosome during cell division	
p4		Telomere
р3		p4
p2		рз
p1		p2 p1
Centromere	Spindle fiber attachment point during cell division	Centromere
q1		
q2		
q3		q3 q4
q4		q5
q5		
q6		q6
Telomere	Protects the chromosome during cell division	Telomere

#### **GENE LOCATION**

# Science Note 4.1 **EXPLORING DNA SEQUENCES**

The human genome contains approximately 3 billion base pairs in our 23 pairs of chromosomes. Our DNA contains the codes for approximately 20,000 different traits. The billions of nucleotides in our genomes are very similar across all human beings. In fact, somewhere between 99% and 99.9% of your DNA reads exactly the same as your friend's, your relative's, and a perfect stranger's.

Some genes are very long—far too long to be easily analyzed by hand. Researchers often use software to examine genomic sequences, quickly compare them, and identify areas where they are similar and where they are different.

In **Science Note 3.5**, you learned about how the locations of genes are determined. In this activity, you will learn about DNA sequencing, which was used to figure out the order and location of the nucleotides that make up the entire human genome in the Human Genome Project. You will then explore the data that DNA sequencing generates and compare several different people's TAS2R38 DNA sequences using software to try to determine how these differences correlate with the ability (or inability) to taste bitterness. But first, it is important to learn a little bit about what you will be seeing when you use the sequencing software.

### **PROCEDURE**

- 1. A *chromatogram* is a visual representation of a DNA sample that is produced by a sequencing machine.
- 2. In the chromatogram, each color represents a specific nucleotide. Each color peak in the chromatogram indicates the likelihood of the corresponding nucleotide appearing at that position; taller peaks indicate that it is more likely that a particular nucleotide is in that position. The computer analysis also assigns the appropriate nucleotide to that position. Should the computer program be unable to assign a nucleotide base with confidence, an "N" (for nucleotide) will appear as a placeholder.

Key to the Chromatogram Colors	
Black = Guanine (G)	Red = Thymine (T)
Blue = Cytosine (C)	Green = Adenine (A)

3. Chromatograms look like the image below—four different colored strands ("traces") representing the four different nucleotides. The gray blocks behind the traces indicate the *confidence interval*—a measure of the probability that the computer-assigned nucleotide actually is the nucleotide in the DNA sequence. Basically, the taller the gray area, the more confident the computer is in assigning the nucleotide.



#### **EXAMPLE CHROMATOGRAM**

4. In a "good" chromatogram, the peaks are spaced evenly (for example, the peaks after #70 highlighted in green). Peak heights may vary, which is normal. Usually, the first 20–40 base pairs of a sequence are not very good (as shown below in yellow), and you can see many "N" placeholders at positions where the computer cannot assign a nucleotide base with confidence (messy traces, low confidence).



5. If a person is heterozygous for a particular base pair, you should see two peaks at that location. The images below represent sequences that are (1) homozygous G, (2) heterozygous G and C, and (3) homozygous C.



6. There is always some background "noise" from the other trace strands. The computer program can usually determine what is "noise" from what is a heterozygous base pair at a position. For the purpose of this chromatogram analysis, peaks that are less than half the height of the main peak at a nucleotide position can be considered "noise."



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# **SCIENCE NOTE 4.1**

80

7. Sometimes there are single broad peaks that span several nucleotide positions. These can also be considered "noise."

- 8. A broad peak base is also seen at locations where the sequence has the same nucleotide multiple times. However, the trace will show defined peaks for each nucleotide position; the computer reads these as defined signals and will assign the proper nucleotide bases.
- 9. Now try it yourself. Explore the chromatogram on the following page and answer the questions.

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CTCAGGAAC

75





# **SCIENCE NOTE 4.1**



### QUESTIONS

- 1. Where does the sequence start to look "good"? (Hint: Consider the size of the gray area behind the peaks.)
- 2. What base pair is at position 177?
- 3. ... position 115?
- 4. ... position 148?
- 5. Can you find any positions that look like they might be heterozygous? If so, what positions are heterozygous?

# Science Note 4.2 FINDING TAS2R38 DIFFERENCES

What is the sequence of the TAS2R38 gene? How do the gene sequences of people with different tasting phenotypes differ from one another?

**NOTE:** When you extracted your DNA, you extracted a small fragment. In this activity, you will be exploring a fragment that is almost the length of the complete 1002 bp TAS2R38 gene.

#### **MATERIALS**

- Computer, Chromebook, or tablet with internet connection
- TAS2R38 reference sequence.txt file
- TAS2R38 example sequence files provided by your teacher

### **PROCEDURE**

#### **Get Familiar with Benchling**

Watch the ABE Benchling tutorial.

#### **Import Files into Benchling**

- 1. Your teacher will direct you to where the sequencing data files are located. Download the appropriate Trace file (.ab1).
- 2. Open the <u>Benchling homepage</u> and sign in.
- 3. Click on the + in the menu ("Create") and select the "Project" option.



4. The "Create project" window will open.

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cription		
Manage collaborators		
Search for a user or organ	ization	Add collaborator
Collaborators		
User / Organization	Permissions	Auditor
	ADMIN	
		Create proje

- 5. In the "Name" field, type your team's name.
- 6. In the "Manage collaborators" field, add each of your teammate's names. In the Permissions dropdown, change each person's permissions to "ADMIN."
- 7. Click "Create project" to finish setting up.
- 8. Navigate back to your Project main list by clicking "Projects" above your team name.
- 9. Import the TAS2R38 reference sequence.seq file and then the example sequence files that your teacher provided. You will eventually be comparing these sequences to the reference sequence and looking for differences. Make sure that you note whether the sample came from a strong-taster, a weak-taster, or a non-taster.
- 10. Open one of the example sequence files (in the Inventory list on the left side of the screen) by clicking on it.



PRECISION MEDICINE | AMGEN BIOTECH EXPERIENCE © 2021 Amgen Foundation, Inc. All rights reserved. 11. Open the chromatogram by clicking on the "Alignments" icon (=) on the right side of the screen. Click on the name of your example sequence under "Saved Alignments" to display the chromatogram of the example sequence.

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12. Explore the chromatogram. At what position do you think the data becomes "good"? Do you see any places where the sequence might be heterozygous? Make note of any heterozygous locations below .

#### **Align Multiple Sequences**

Sequence alignment allows you to see the differences between a particular sequence and the sequence of the TAS2R38 gene. The software allows you to easily compare multiple sequences and spot differences between them.

- 13. Click on the TAS2R38 file in the Inventory list.
- 14. Click on the "Alignments" icon ( =) on the right side of the screen. In the "Choose File(s)" field, type the name of one of the example sequence files that your teacher provided. When the name of the file appears, click on it.
- 15. Type the name of the second example sequence file in the "Choose File(s)" field.
- 16. In the menu bar, click the green "Create Alignment" button.
- 17. Use the scroll bar at the bottom of the screen to scroll through the alignment. The red-highlighted nucleotides indicate a difference in the sequences.
- 18. Highlight the differences you find, and note the position of each difference. (It should say "START: x END: x," where x is the position of the difference.)

SES 1002 START 188 SP 188 LENGTH 1 GC 100.00% MELTING TEMP -278.3
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19. Analyze the difference: Is it because of poor data at the start or end of your trace file? Or is there a well-defined peak in the sequencing data that indicates a nucleotide difference between the sequences? Note the positions of the differences at well-defined peaks and the nucleotides at those positions in the **Differences** table below. Which nucleotide is associated with samples from strong-tasters? weak-tasters? non-tasters?

Nucleotide at That Position												
Strong-taster	Weak-taster	Non-taster										
G		Т										
	Nu Strong-taster	Strong-taster Weak-taster   G										

#### DIFFERENCES

# Science Note 4.3 AN ENCYCLOPEDIA OF SNPs

Between you and the person next to you, you'll likely find a different nucleotide in your DNA once every 1,200 to 1,500 bases. Most of this variation comes in the form of single nucleotide polymorphisms, or SNPs (pronounced "snips"). As their name implies, these variations occur in just one nucleotide. In SNPs, any nucleotide might be substituted—in other words, an A might become a C, a G, or a T.

While most SNPs occur in the non-coding portions of our DNA, some do produce phenotypic differences. Scientists used large datasets of human genomic data to map our genes and identify the location of these SNPs. The information that scientists have found is stored in a Wiki called SNPedia.

Remember that the ability to taste PTC and other bitter tastes is dependent on SNPs in a gene called TAS2R38, which is found on chromosome 7 and encodes for the TAS2R38 protein—the bitter-taste receptor on the tongue, which triggers a signal to the brain when it binds to PTC. How much of that signal is sent to the brain is dependent on these tiny genetic variants—SNPs—within the TAS2R38 DNA sequence. Similarly, these tiny genetic variations can influence how easily a person metabolizes a particular medication compared with another person.

You'll use three online tools—SNPedia, dbSNP, and the Ensembl project—to find out more about the variations in TAS2R38 and how these differences impact our ability to taste bitter substances. You will also to try to determine which SNPs you found in the previous activity.

# PROCEDURE

#### **SNPedia**

- 1. Watch the <u>SNPedia tutorial</u>.
- 2. Go to SNPedia.
- 3. In the "Search SNPedia" box, type "TAS2R38" and hit Enter.

4. The screen will display the SNPs that have been cataloged for the TAS2R38 gene.

SNPedia		Search SNF	edia	+ (	Q
Navigation -					
Page Discussion Edit History					
re data from 23andNe or Ancestry? Make a report automatically with Promethease !					
TAS2R38					
Polymorphisms in the TAS2R38 gene form the basis for the ability to taste bittemess in certain foods. The three SNPs in the gene that have been identified [P SNPs] as indicative of the main haplotypes, at least in Caucasian populations, are: str3713686 is st0246939 http://vangenome.blogspot.com/2012/04/potw-bitter-laste-perception-follow-up.html Categories: Is a gene   Pages using PMID magic links	is a is Full name EntrezGene PhoGenl Variation/View ClinVar GeneCards dbSNP Diseases SADR HugeNav wikipedia google gopubmed EVS	gene mentioned by taste recepto 5726 5726 5726 5726 5726 5726 5726 5726	, type 2, member 3	ő	
	HEFalMp MyGene2 23andMe UniProt Ensembl OMIM # SNPs	TAS2R38 TAS2R38 TAS2R38 P59533 ENSG00000 607751 3	267138		
	•	Max Magnitude	Chromosome position	Summa	iry
	rs10246939	1.1	141,972,804		
	rs1726866	1.1	141,972,905		
	rs713598	1.1	141,973,545		

- 5. Write the identifiers for the SNPs in the SNP Information Table on the last page of this reproducible master. Identifiers should begin with the letters "rs."
- 6. Click on each identifier to get more information about that SNP, and enter the information you find in the table. Under "Geno," you will find the possible nucleotides.

rs713598									
rs713598 is one of three SNPs that form the main haplotypes behind the ability to perceive as bitter the taste of the compound phenylthiocarbamide (PTC) and similar molecules in	Orientati	on	minus						
foods (like cabbage and raw broccoli) or drinks (like coffee and dark beers).	Geno ¢	Mag	¢ S	as Summary ◆					
Due to it's minus orientation and nearly 50/50 split of allele frequency it is easily confused.	(C;C)	1.1	C	Can taste bitter.					
In the orientation shown in dbSNP and used in SNPedia	(C;G)	1.1	C	Can taste bitter.					
• rs713598(G) is the "non-tasting" allele	(G;G)	1.1	F	Possibly unable to taste itter in some foods.					
<ul> <li>rs/13598(C) is the "tasting" allele</li> <li>In the GRCh37 orientation currently (2017) reported by 23andMe</li> </ul>	Reference	Ch38 38.1/141							
<ul> <li>rs713598(C) is the "non-tasting" allele</li> <li>rs713598(G) is the "tasting" allele</li> </ul>	Position Gene		141 TAS	973545 2R38					
Tasting is dominant, so heterozygotes are able to taste bitterness.	is a		snp						
If you are a "taster", you're also likely to carry at least one rs10246939(C) and one	is dbSNP		mentioned by rs713598						
rs1/2000(C) allele since, along with rs/13598(G), these three SNPs form the most	dbSNP (	old)	rs71	3598					
taster of bitterness, meaning that foods that may taste bitter to others taste far less bitter to	ClinGen		rs71	3598					
you.[PMID 12595690]	ebi		rs71	3598					
	HLI		rs/1	3298					

#### dbSNP

- 7. Watch the dbSNP tutorial.
- 8. Go to dbSNP.
- 9. Look in the box under the heading "Gene: TAS2R38, taste 2 receptor member 38 (minus strand)," and look at the first entry under the word Change. Note the number after the "c," which tells you the position of the SNP in the TAS2R38 gene and the two possible alleles (T>C). Record the SNP's



- 10. If you found a difference at that position when you investigated the example sequences using Benchling, circle the SNP. (Refer to the **Differences** table on **Science Note 4.2**, if needed.)
- 11. Use the information here to determine what amino acids are possible with this SNP, and record them in the SNP Information Table.

#### **The Ensembl Project**

- 12. Watch the Ensembl tutorial.
- 13. Go to the Ensembl project website.
- 14. Search for each SNP by its identifier (rs713598, rs1726866, and rs10246939). Click on the hyperlink in each search result.
- 15. Look for the ancestral allele and the MAF. The ancestral allele is the allele that occurs at this locus in closely related species; it is thought to reflect the allele present at the time of speciation. The MAF (minor allele frequency) is the frequency of the second most frequent allele in the 1000 Genomes Phase 3 combined population. Add the information you find to the SNP Information Table.

According to its website, the goal of the Ensembl Project is to "automatically annotate the genome, integrate this annotation with other available biological data and make all this publicly available via the web." The website offers a wealth of information about the SNPs in the TAS2R38 gene.

You can learn more about allele frequency in the Khan Academy video <u>Allele Frequency</u>.

		From SNPedia			Fi	om dbSI	VP	From the Ensembl project					
Identifier	Chromosome	Orientation	Possible nucleotides	Summary	Position in TAS2R38	Codon	Amino acids	Ancestral allele	MAF				
Annotation used to identify the SNP.	Chromosome on which the gene is located.	The same SNP can be defined as being on the forward (plus) or the reverse (minus) strand. In terms of the nucleotides for that SNP, the pairing of A with T and C with G in the DNA double helix means that an A on the plus strand by definition is a T on the minus strand, and vice versa.	Nucleotide bases that appear as polymorphisms: If the orientation of the SNP is minus, then note the complementary bases here.	Phenotypic effect of the SNP.	Where is the SNP located in the TAS2R38 gene?		Amino acid coded for by each SNP.	The allele that occurs at this locus in closely related species and is thought to reflect the allele present at the time of speciation.	Frequency of the second most frequent allele in the 1000 Genomes Phase 3 combined population.				
av122456	75	pluc	G	G;G Purple hair	100	GTT	Val	+	D2F(G)				
0129494	19	риль	Т	G;T Blue hair T;T Blue hair	िविव	GAT	Asp	I	025 (A)				

#### **SNP INFORMATION TABLE**

#### Science Note 5.1

# WHICH RESTRICTION ENZYME SHOULD WE USE?

Sending out your genes for sequencing can provide you with a lot of information. However, you might want to learn more about your genome without having to put it in an envelope and send it to another company. Restriction enzyme digestion allows you to do just that: use enzymes that specifically target and cut a specific series of nucleotides, generating DNA fragments of different sizes. These DNA fragments can then be separated using gel electrophoresis based on the size of each fragment.

Choosing the correct restriction enzyme is critical to ensure that the DNA fragments generated during the digestion can be individually identified on the gel. Your task is to choose a restriction enzyme that will cut pieces of DNA that allow you to compare bitter-tasters and non-tasters.

HINT: To tell the difference between bitter-tasters and non-tasters, you'll need to pick a restriction enzyme that cuts the DNA of one type and doesn't cut the DNA of the other.

#### MATERIALS

- Computer, Chromebook, or tablet with internet access
- 2 different-colored highlighters

#### PROCEDURE

- 1. Watch the Sequence Extractor tutorial.
- 2. Go to the Sequence Extractor website.
- 3. Select all the text that appears in the box that says, "Paste a sequence into the text area below. *Accepted formats are: raw, GenBank, EMBL, and FASTA*," and delete it. Copy the following (the sequence of the TAS2R38 gene), and paste it into the box:

```
1 ATGTTGACTC TAACTCGCAT CCGCACTGTG TCCTATGAAG TCAGGAGTAC ATTTCTGTTC
61 ATTTCAGTCC TGGAGTTTGC AGTGGGGTTT CTGACCAATG CCTTCGTTTT CTTGGTGAAT
121 TTTTGGGATG TAGTGAAGAG GCAGGCCCTG AGCAACAGTG ATTGTGTGCT GCTGTGTCTC
181 AGCATCAGCC GGCTTTTCCT GCATGGACTG CTGTTCCTGA GTGCTATCCA GCTTACCCAC
241 TTCCAGAAGT TGAGTGAACC ACTGAACCAC AGCTACCAAG CCATCATCAT GCTATGGATG
301 ATTGCAAACC AAGCCAACCT CTGGCTTGCT GCCTGCCTCA GCCTGCTTTA CTGCTCCAAG
361 CTCATCCGTT TCTCTCACAC CTTCCTGATC TGCTTGGCAA GCTGGGTCTC CAGGAAGATC
421 TCCCAGATGC TCCTGGGTAT TATTCTTTGC TCCTGCATCT GCACTGTCCT CTGTGTTTGG
481 TGCTTTTTTA GCAGACCTCA CTTCACAGTC ACAACTGTGC TATTCATGAA TAACAATACA
601 TGGTCTGTGC CTCCTTTCCT ATTGTTTCTG GTTTCTTCTG GGATGCTGAC TGTCTCCCTG
661 GGAAGGCACA TGAGGACAAT GAAGGTCTAT ACCAGAAACT CTCGTGACCC CAGCCTGGAG
721 GCCCACATTA AAGCCCTCAA GTCTCTTGTC TCCTTTTTCT GCTTCTTTGT GATATCATCC
781 TGTGTTGCCT TCATCTCTGT GCCCCTACTG ATTCTGTGGC GCGACAAAAT AGGGGTGATG
841 GTTTGTGTTG GGATAATGGC AGCTTGTCCC TCTGGGCATG CAGCCATCCT GATCTCAGGC
901 AATGCCAAGT TGAGGAGAGC TGTGATGACC ATTCTGCTCT GGGCTCAGAG CAGCCTGAAG
961 GTAAGAGCCG ACCACAAGGC AGATTCCCGG ACACTGTGCT GA
```

4. Select all the text in the box that says, "If there are primers you would like shown on the map, enter each primer as follows: the sequence of the primer, a blank space, and the name of the primer. Use commas to separate multiple primer entries," and delete it. Copy the following (the sequences of the forward and reverse primers), and paste it into the box.

CCTTCGTTTTCTTGGTGAATTTTTGGGATGTAGTGAAGAGGCGG forward primer TGAGGCAGGCAGCCAGAGCCAGAGGTTGGCTTGGTTTGCAATCATC reverse primer

5. Click "Submit." What does the resulting screen show?

**NOTE:** It may be a little difficult to understand the results at first. The following diagram can help you get oriented. Each segment of the strand appears between two dotted lines.



QUESTIONS

- 1. What do you think the blue letters above the sequences represent?
- 2. In what color is the reverse primer shown?
- 3. In what color is the forward primer shown?

# **SCIENCE NOTE 5.1**

- 4. Roll over the primers to answer the following:
  - o At what position does the forward primer start?
  - o Does the rollover give you any other information about the forward primer?
  - o At what position does the reverse primer start?
  - o Does the rollover give you any other information about the reverse primer?
  - How long is the fragment that you produced using these two primers? (HINT: Click on the reverse primer sequence on the screen. The pop-up box or new tab should tell you the length of the fragment that you created.)
- 5. Look at the TAS2R38 Sequence Extractor Results diagram on the next two pages.
  - o Highlight the positions of the primers on the sequence, using two different-colored highlighters.
  - o Note anything else that you've learned about the fragment.
  - o Circle the SNP, which is at position 145.

#### **TAS2R38 SEQUENCE EXTRACTOR RESULTS**

Res	tSt	ar	t																											
M	L	T	L	Т		R	I	R	Т		v	s	Y	E	2	v	R	s	т	F		L	F	I	S	V		L	E I	F A
ATG	TTG	AC	TC	TAA	CT	CGC	AT	CC	GCA	CT	GT	STO	CT	ATC	AA	GT	CAG	GA	GTA	CAT	TT	CTG	TT	CAT	TT	CAG	TC	CTG	GAG	TTTGC
TAC	AAC	TG	AG	10 ATT	GA	GCG	TA	GG	CGI	GA	CAC	CAG	GA	TAC	TT	CAC	) GTC	CT	CAT	GTA	AA	GAC	CAA	GTA	AA	GTC	AG	GAC	CTC	AAACG
V	G	E	TT	L CTTC	TAC	N	A	~~~	F TTC	V	F	I	TC	V CTC	N	F	W	GG	D Car	V GTA	V	K	R	0	AC	A	L	S	N	S D
AGI	9990		-	90	no	-	^	10	0	.91		11	0	910		^12	20	99	JAL	^13	0	Jere	1.Gri	^14	0	900		^15	0	JAGI G
TCA	ccc	CA	AA	GAC	TG	GTI	AC	GG	AAG	CA	AAA	AGA	AC	CAC	TT	AA	AAA	CC	CTA	CAT	CAG	CTI	CT	CCG	TC	CGG	GA	CTC	GTT	GTCAC
c	, ,	,	L	L	c	I		s	I	s		R	L	F	I		ł	G	L	L	F	I		s	A	I	0	L	т	н
ATT	GTO	TG	CT	GCT	GT	GTC	TC	AG	CAI	CA	GCO	GGG	CT	TTI	CC	TG	CAT	GG.	ACT	GCT	GT	rco	TG	AGT	GC	TAT	CC:	AGC	TTA	CCCAC
TAA	CAC	AC	GA	170 CGA	CA	CAG	AG	18 TC	0 GTA	GT	CG	SCC	GA	AAZ	GG	AC	JO STA	CC	rga	CGA	.0 CAJ	AGG	AC	rCA	0 CG	АТА	GG	°23 FCG	0 AAT(	GGTG
F	Q	K A D	GT	S TGA	GT	E	P	L	N TGI	AC	H	S	Y CT	ACC	2	A	I	I	M	TGC	יתחי	N TGG	M	I	A	N N	AC	2 . ~	A 1	L NACCT
		-	^	250		we at	^	26	0			27	0			^28	30	~		^29	0			^30	0			^31	0	
AAG	GTC	TT	CAI	ACT	CA	CTI	GG	TG	ACI	TG	GT	GTC	GA	TGO	TT	CG	ЗTА	GT.	AGT	ACG	AT	ACC	CTA	CTA	AC	GTI	TG	GTT	CGG!	TTGGA
W	L	A		A	с	L	s		L	L	Y	c		s	K	L	I		R	F	s	н	т	F		L	I	С	L	A S
CTG	GCI	TG	CT	GCC	TG	CCI	CA	GC	CTG	CT	TT	ACT	GC	TCO	AA	GC	CA	TC	CGT	TTC	TC	FCA	ACA	CCT	TC	CTG	AT	CTG	CTTO	GCAA
GAC	CGA	AC	GA	CGG	AC	GGA	GT	CG	GAC	GA	AA	rGA	CG	AGO	TT	CGI	AGT	AG	GCA	AAG	AG	AGI	GT	GGA	AG	GAC	TA	GAC	GAA	CCGTT
													-		-															
GCT	GGG	TC	TC	CAG	GA	AGA	TC	TC	CCA	GA	TG	CTC	CT	GGG	TA	TT	ATT	CT	TTG	CTC	CT	GCA	ATC	rgc	AC'	rgi	CC:	TCT	GTGI	TTGG
			^.	410	-	-	^	42	0			43	0			^44	40			^45	0			^46	0			^47	0	
CGA	ccc	AG	AG	GTC	CT	TCI	'AG	AG	GG1	CT	ACO	SAG	GA		TAC	AA	raa	GA	AAC	GAG	GA	CGI	'AG	ACG	TG.	ACA	GG	AGA	CAC	AAACC
С	F	F	s	R		P	н	F	I	2	v	т	т	V	7	L	F	Μ	N	N	1 1	N	т	R	L	N	1	M	Q 1	N K
TGC	TTT	TT	TA(	GCA	.GA	CCI	CA	CT 50	TCF 0	ICA	GT	CAC	AA 0	СТС	TG	CT/	ATT 20	CA	rga	ATA ^53	ACI	TAA	PAC.	AAG ^54	GC!	TCA	AC	1GG 155	CAGI 0	AATAA
ACG	AAA	AA	AT	CGT	CT	GGA	GT	GA	AGI	GT	CAC	TG	TT	GAC	CAC	GAT	FAA	GT	ACT	TAT	TG	TTA	ATG	TTC	CG	AGI	TG	ACC	GTC	TATT
										T.					T.	5.7				 D	D	-					T.			e c
AGA	TCI	CA	AT	TTA	TT	TTA	TT	cc	TTI	CT	CTT	TCT	GC	TAT	CT	GT	GT	CT	GTG	CCI	ce	TTT	rcc	TAT	TG	TTT	CT	GGT	TTC	TCTG
mem	202	CT	^!	570	7.7	2 2 7	^	58	0	CD	C 7 3	59	0	2 00 2	CA	^6(	00	CD	230	^61	.0	0.0.7	CC	^ 62	0	5 7 7	CD	^63	0	ACAC
TOT	AGA	191	TAI	AAT	AA	AAI	MA	GG	nni	GA	GAI	1GA	CG.	ATF	ADA	CAC	CA	GA	CAC	GGA	GG	- AF	1GG	ATA	AC	MAA	GAI	CCA	MAG	AGAC

# **SCIENCE NOTE 5.1**

M GGAT CCTA	L GCT CGA	T GACT ^6 CTGA	V GTC 50 CAG	S TCC AGG	L CTG GAC	G 1 GGAI 660 CCT	R H AGGC ICCG	ACA ^ TGT	TGA 670	lec:	T ACA TGT	M ATC ^( TAC	K GAA 580 CTT	V GGT CCA	Y CTF GA1	T ATA 69 PAT	R CCA 90 GGT	N GAA CTT	ACT ^ TGA	CTC 700 GAC	GT ) GCA	D GAC		8 CAG 710 GTC	L CCT	E GGAG CCTC
A H GCCC CGGG	I ACA TGT	K TTAA ^7 AATI	A AGC 30	L CCT GGA	K CAA GTT	S GTC 740 CAG	L ICTT AGAA	V GTC CAG	S TCC 750	F TT ) ;AA	F TTT AAA	CTC CTC	F GCT 760 CGA	F TCT AGA	TTO	TGI ^7	I ATA 70 FAT	S TCA AGT	S TCC AGG	C TGI 780 ACA	V GT ) ACA	A TGC ACC	F CCT A GGA	TCA 790 AGI	S TCT AGA	V CTGT GACA
P GCCC CGGG	L CTAC	L I CTGA ^8 GACI	L TTC 10 AAG	W TGT ACA	R GGC ^ CCG	D GCG2 820 CGC	<mark>k</mark> ACAA IGTT	I AAT ^ TTA	G AGG 830		M TGA ACT	TGC ^{	7 340 284	C TGT ACA	V GTI CAP	G C C C C C C C C C C C C C	I GAT 50 CTA	M AAT TTA		A AGO 860 TCO	C TT ) GAA	GTO		S TCI 870 AGA	G GGG LCCC	H A CATG GTAC
A CAGC GTCG	I CAT GTA	L CCTG ^8 GGAC	I ATC 90 TAG	S TCA AGT	G GGC CCG	N AATO 900 TTAO	a k GCCA	AGT ^ TCA	TGA 910 ACT		r AGA TCT	A GCI ^S CGI	V TGT 920 ACA	M GAT CTA	T GAC	I CAS ^9: GTI	L TTC 30 AAG	L TGC ACG	TCT ^ AGA	7 GGG 940 .CCC	CT ) CGA	Q CAG	SAG ^ CTC	S CAG 950 GTC	L CCT	K GAAG CTTC
V R GTAA CATT	A GAG CTC	D CCGA ^9 GGCI	H CCA	K CAA GTT	A GGC CCG	D AGA 980 TCT	S ITCC AAGG	R CGG GCC	T ACA 990	L ACT ) 'GA	C GTG CAC	Z CTC ^1 GA(	R P GA LO CT	est CRE	End	1										

6. Try to determine which of the four restriction enzymes will allow you to tell bitter-tasters' sequences from those of non-tasters and mild-tasters. Which one would you choose, and why? Remember, you need to be able to distinguish between a C and a G at position 145, so consider which restriction enzymes will cut your DNA if there is a G at position 145 and not cut it if there is a C there (or vice versa). In other words, the restriction enzyme should match one genotype but not match the other.

EcoRI	Smal	Alul	HaeIII
GAATTC	CCC <mark>G</mark> GG	АG <mark>С</mark> Т	G G <mark>C</mark> C
CTTAAG	GGG <mark>CCC</mark>	ТС <mark></mark> БА	CCGG

Write your answer here:

7. Determine the lengths of the fragments of DNA you would see, depending on your SNP, and fill in the table below. Lengths are measured by the number of base pairs (BP).

Phenotype	Genotype	Allele 1: Cut or uncut?	Allele 2: Cut or uncut?	DN	A Fragment Ler	ngth
				bp	bp	bp
Strong-taster	BB					
Weak-taster	Bb					
Non-taster	bb					

#### Science Note 5.2

# **GEL ELECTROPHORESIS AND DISEASE DETECTION**

You just explored how you could use gel electrophoresis to determine whether you are a PTC-taster. The restriction enzyme selectively cut the DNA fragment when certain target sites were present.

In this homework, you will consider whether gel electrophoresis can be used to help detect genes that affect whether a person has sickle cell anemia.

#### MATERIALS

- Computer, Chromebook, or tablet with internet access
- HBB.txt file

### PROCEDURE

- 1. To learn more about sickle cell disease, watch the video <u>Sickle Cell Anemia: A Patient's Journey</u> by the American Society of Hematology.
- 2. Go to <u>SNPedia</u> and type "sickle cell anemia" into the Search SNPedia box.
- 3. Read about the disease. Below, note the identifier for the common SNP that causes this disease.
- 4. Click on the hyperlink for that SNP. Make note of the various possible genotypes and their effects in the table below:

Genotype	Summary of Their Effects

- 5. Download the sequence of the hemoglobin gene (HBB) that your teacher gave you access to. Open the sequence in software that allows text files to be read, and copy the sequence.
- 6. Go to the <u>Sequence Extractor</u> website, and paste the sequence in the text area. Delete the text in the primers box, and click "Submit."
- 7. The sickle cell disease SNP is located at position 2992. Scroll down in the Sequence Extractor output until you find position 2992. Look for any restriction enzymes near that position. (Remember to look above the strand.) Hover over the restriction enzyme to see its restriction site. Make note of any possible restriction enzymes below.

Restriction Enzyme	Restriction Site

# QUESTIONS

- 1. Which of these restriction enzymes would allow you to distinguish between the base at the SNP that causes a person to have sickle cell disease and a base that does not?
- 2. Scroll down to the bottom and find the table that shows all the sites that match that restriction enzyme within the HBB gene. Is there more than one site in the gene that matches this restriction enzyme? If so, what fragment of the gene would make sense to cut in order to make it easy to distinguish between people with sickle cell disease and people without?
- 3. Why might it be important to be able to use gel electrophoresis rather than sequencing technology to determine whether someone has a disease-causing SNP?

# Science Note 6.1 PHARMACOGENOMICS AND OPIOIDS

Dr. Russ Altman is a Stanford-based physician studying *pharmacogenomics*, the relationship between genetics and pharmacology—or, in other words, how DNA influences how patients respond to medications. In the TEDx Talk *Personalized Prescriptions*, he describes how patients can respond quite differently to a very common pain relief medication: acetaminophen with codeine (which is an opiate). After watching a segment of Dr. Altman's TEDx Talk, work with your team to answer the questions below.

# QUESTIONS

1. According to Dr. Altman, what does the liver enzyme CYP2D6 do to codeine after it enters the body?

2. Minute differences in genetics can greatly impact medication metabolism. Describe how a patient with a gene that codes for a very active form of the CYP2D6 enzyme (an "ultra-rapid metabolizer") might respond to codeine, and how a patient with a less active form of CYP2D6 (a "slow metabolizer") might respond. Which patient do you believe is more likely to become addicted to codeine?

# **SCIENCE NOTE 6.1**

3. We know that over-prescribing of opioids has been a factor in the opioid overdose crisis. Recent research indicates that 21–29% of patients who are prescribed opioids eventually misuse them. How might this new information about the differences in how people metabolize opioids have affected the opioid crisis, had aware of it sooner?



See <u>Opioid Overdose Crisis</u> on the National Institute of Drug Abuse website if you would like to learn more.

- 4. Think back to the case of Sarah Smith, the patient who seemed to need more pain medication than Dr. Washington anticipated. Based on what you have learned, how would you answer these questions now?
  - o In Dr. Washington's position, what would you do? Why?
  - o What questions do you think Dr. Washington should ask Sarah?
  - It seems that Sarah is in more pain than Dr. Washington expected. Do you think that you feel pain differently than other people? Do some people have lower pain thresholds than others? Why do you think that could be?
  - o Historically, the vast majority of medical research has been conducted on patients who are wealthy, male, and Caucasian. Based on Sarah's experience in the case study, why do you think this might be problematic in terms of evaluating the effectiveness of a particular drug?

- o In what ways might the people on whom medical research is normally conducted be different from Sarah, and how might that affect what the doctor might know about Sarah and how she should be treated?
- 5. If genetics can significantly impact the efficacy of certain medications, do you believe that every patient should be required to have genetic testing? What might the pros and cons be of such a policy?

### **EXTENSION**

As you have learned, opioids are not the only medications that are impacted by genetics. Azathioprine, carbamazepine, dextromethorphan, efavirenz, and suxamethonium chloride are all therapeutic drugs whose efficacy can vary dramatically based on a few minute genetic differences. Do a Web search to determine what each of these medications treats and how the metabolism of each can vary due to genetics.